



# Your Highlands Ability Profile

## Rhythm Memory

This worksample measures the ability to remember the cadence, beat or rhythm of what one hears and influences kinesthetic learning and movement-based work roles. The stronger your Rhythm Memory, the more naturally able you are to learn kinesthetically, by large muscle movement and by going through the motions.

Rhythm Memory supports studies and work roles in fields such as:

- Physically active/outdoor fields (e.g., park management, forestry, law enforcement, construction, beat/street police, fire fighter)
- Athletics (e.g., athletes, sports coaching, sports medicine, physical therapy)
- Music (e.g., conducting, playing instrument, recording)
- Dance (e.g., performing)
- Language fields (poetry, script writing, performing comedy)